



Annual Report

July 1, 2022-June 30, 2023

A MESSAGE FROM OUR DIRECTOR



Thank you for your continued support as we continue to give hope, relief and encouragement to Utah families.

The Family Support Center of Southwestern Utah strengthens families, protects children and promotes healthy relationships by providing a safe, supportive and inclusive environment for children and families. It is such a privilege to lead our fantastic teams in Cedar City and Richfield as we strive to make a positive difference in our communities. Our exceptional staff members and volunteers do this by offering essential services including our respite nursery and shelter, youth mentoring, parenting classes, and other supportive services. We could not do it without you.

Gratefully, *Connie Furnival* MPA - Executive Director



Respite Nurseries

The Family Support Center Respite Nurseries offer free, short term childcare for children ages 11 and under. Our goal is to provide a safe, caring place for children to stay when caregivers need extra support or while they are accessing other communities resources to help their families. This service is open to all families the communities we serve.

Children's Shelter

The Family Support Center Respite Nurseries also provide emergency shelter to children who are in state custody while they are awaiting safe home placements. This year we provided shelter to 47 children under age 12 who were removed from their homes.

**Number of shelter hours this year was more than double from the previous year*



Cedar City Nursery
102 N. 200 E.



Richfield Nursery
58 E. 300 N.

Total number of children served	398	Total number of families served	180
Total number of childcare hours	10,283	Total number shelter hours	6,102
Total number of children served	211	Total number of families served	73
Total number of childcare hours	5,263	Total number shelter hours	4,120

“Knowing that I had people who understood what I was going through, were supportive and not judging me, even if our friendship was something they did for work, I know they wanted to be there, they wanted to support me and they wanted a good, healthy outcome for my daughter, which is what I wanted. Having a support system throughout it all is what helped me get through it!”

-M.M.



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YOUTH MENTOR PROGRAM

Caring and consistency make a difference

Our Youth Mentor Program successfully paired 25 youth ages 8-18 with positive adult role models (primarily college students). The results of the surveys completed by the youth participants showed the following:

- ▶ 100% felt close or very close to their mentors
- ▶ 100% agreed or strongly agreed that they could talk to their mentors about things they are going through
- ▶ 89% agreed or strongly agreed that their mentors are making a difference in their lives
- ▶ 100% agreed or strongly agreed that their mentors have helped them feel more self-confident
- ▶ 78% agreed or strongly agreed their relationships with their family members had improved



"The mentorship, guidance and camaraderie offered by the Youth Mentor Program have proven to be helpful components in my children's development. It's not just a program; it's a community that nurtures, inspires, and empowers our youth." -I.A.

IN HOME RESPITE

"Anyone who does anything to help a child in his life is a hero." -Fred Rogers

Number of families served

30

Number of adopted youth

64

Number of respite hours

1530

The Family Support Center strives to support families who have adopted children in foster care, by providing in home respite as well as events to strengthen family bonds through meaningful activities.



FAMILY SUPPORT CENTERS
of Utah

Our non-profit is proud to be a part of a statewide organization of Family Support Centers throughout Utah.
www.utahfamilies.org



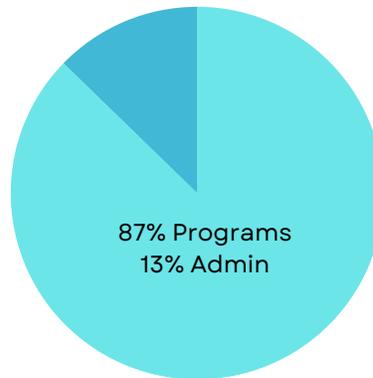
Parent Education Classes

When we know better, we do better

17 Weeks of free parent education classes with free childcare for participants

"The courses that were available were perfect for getting education on children and adolescents who have been through traumatic situations, abuse or unstable childhoods. Although my daughter was young, she was affected so much, taking the courses to see things from another view, as well as how to handle stressful situations in parenting helped us communicate and come up with parenting plans together."

Expenses



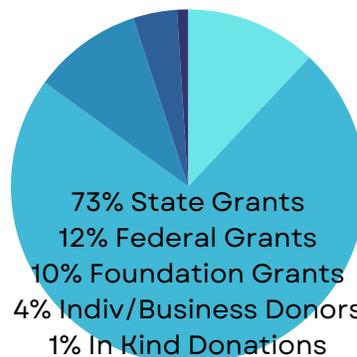
571

Youth Mentor Volunteer Hours

1488

Nursery Volunteer Hours

Revenue



Board Members

Marilyn Grainger
Jana Leavitt
Harold Shirley
Skye Longhurst
Tyler Goddard
Heidi Baxley
Michelle Lambert
Wendy Green
Hillary LaFrance
Garrett Stewart

Thank you for your support!



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