



Annual Report

ONGOING SUPPORT FOR FAMILIES

The Family Support Center of Southwestern Utah has continued to provide services as an essential part of our communities. We have worked hard to fulfill our mission of strengthening families, protecting children and promoting healthy relationships with our two Crisis/Respite Nurseries, Parenting Education Classes, In-Home Parenting Support, Post Adoption Services and Youth Mentoring. We also provide a 24 Hour crisis hotline, visitation exchanges, and collaborate with many other community partners to provide resources and referrals to families.



HELPING PARENTS MAKES HAPPIER FAMILIES

The Family Support Center of Southwestern Utah provides services for children and families in Central and Southwestern Utah. Below are the numbers of children and families helped during our last fiscal year :

- **227 families throughout Central and Southwestern Utah utilized nursery services (Cedar City and Richfield nursery locations)**
- **561 Children ages 0-11 received crisis or respite childcare**
- **49 children in state custody used the Family Support Center for emergency shelter (261 nights) while awaiting safe foster or kinship placements**
- **In-home support and respite services provided to 124 youth adopted from foster care**
- **15,136 hours of free childcare provided so parents could utilize other resources or supports to strengthen their families**
- **386 Visitation Exchanges**

"Having the opportunity to have a safe place for my child has been life changing. The Family Support Center has made a huge impact on myself and my child this past year. This is a phenomenal support system. I cannot express the gratitude enough." -H.N.

PARENTING EDUCATION



The Family Support Center of Southwestern Utah offers free ongoing parenting education classes both virtually and in person throughout the year. We have certified teachers in both the Smarter Parenting Curriculum and the Nurturing Parenting Curriculum. Childcare is provided at these parenting classes if meeting in person. Parents completing the parenting courses reported increases in all the protective factors, or conditions or attributes (skills, strengths, resources, supports or coping strategies) that help people deal more effectively with stressful events and mitigate or eliminate risk.

YOUTH MENTOR PROGRAM

Over the last year we matched 19 at risk youth (previous victims of child abuse and neglect or domestic violence) with SUU students who meet regularly with at risk youth between the ages of 8 and 18 to form healthy relationships and enjoy recreational activities together. The mentors spend time with their matched youth by engaging in meaningful activities around the community and participating in group activities hosted by the Family Support Center.



570 Mentor Volunteer Hours

WE LOVE OUR VOLUNTEERS



The Family Support Center is grateful for the amazing volunteers that provide quality care for our clients and bring an enormous amount of positive energy to our organization. This year we had **1889 total volunteer hours** provided by SUU students, Easter Seals, youth mentors and amazing members of our community.



1,319 Nursery Volunteer Hours

FSC BOARD OF DIRECTORS

The Family Support Center is governed by an amazing Board of Directors:

Marilyn Grainger, President
Jana Leavitt
Michelle Lambert
Heidi Baxley
Harold Shirley

Skye Longhurst, Secretary
Kimberly Wilde
Tyler Goddard
Michael Steele
Cade Pryor



Cedar City Nursery
102 N. 200 E.
Cedar City, UT 84720
(435) 586-0791 ext 1

Youth Mentor Office
535 S. Main St #5
Cedar City, UT 84720
(435) 586-0791 ext 2

Education & Admin Office
535 S. Main St #6
Cedar City, UT 84720
(435) 586-0791 ext 3

Richfield Nursery
58 E. 300 N.
Richfield, UT 84701
(435) 896-4256

www.familysupportutah.org

